

Tuckshop – The Snack Shack

The Earnshaw State College P&C Association operate the tuckshop. We employ a tuckshop convenor and up to three assistant convenors to prepare lunch options for all students in Prep to Year 12, staff and visitors using the Smart Choices guidelines.

Smart Choices

Healthy Food and Drink Supply Strategy for Queensland Schools

In June 2005, the Queensland Government announced the implementation of the *Smart Choices – Healthy Food and Drink Supply Strategy for Queensland Schools*. *Smart Choices* is one initiative in a broad Queensland Government program to promote healthy weight and improve children and young people's health through better nutrition.

The '*Smart Choices - Healthy Food and Drink Supply Strategy*' for Queensland Schools is all about offering healthy food and drink choices to students.

What does this mean? Basically it means that all food and drink items are categorised into 'Green', 'Amber' or 'Red' groups.

Green = Have Plenty. These foods and drinks are encouraged and promoted in schools.

Amber = Select Carefully. These foods and drinks should not dominate choices and should be avoided in large serves.

Red = Occasional. The availability of these foods and drinks should be limited to no more than two occasions per term.

Red Food Days are approved by the college leadership team and are normally offered once per term, from the P&C and once per term for the student council to use.

Regular opening hours

Monday - Friday, 8am - 2pm

Lunch 1: 11.05am - 11.45am

Lunch 2: 12.55pm - 1.30pm

Online Ordering

Online ordering is available via Qkr by Mastercard. The App version or website version can be used. Daily ordering cut-off time at 8.25am.

Please see the Qkr Help Guide in the related links section to get started.

Menu

Each term the menu is updated to provide new daily specials and notification of any changes to our regular menu items. The menu is emailed to families and staff each term and is available in the fortnightly college newsletter in the P&C section. The menu is also available on the Qkr App.

Any ideas you would like to share on the menu can be emailed to our P&C executive. We welcome your suggestions. Please email: pandc@earnshawsc.eq.edu.au

Volunteers

Would you like to join us in the Snack Shack? This is a fun way to meet other mums and dads, carers and friends. Volunteering can improve mental health, build confidence and skills. Having volunteers allows us to produce more items made in-house and reduce overall costs which helps to keep prices down. Your children will be very excited to see you in the Snack Shack.

Feel free to come in for a cuppa and lend a hand. Or if you know someone in the community who is looking to help, we would love to hear from them too!

Donations of ingredients are another way of helping us at the Snack Shack.

Please [contact us](#) with any enquiries.