Issue 2013-09 ~ Thursday 6th June 2013

~ Our College Vision ~

To excel in the art of teaching and the pursuit of learning with open hearts and open minds.
Woolworths Earn & Learn Ending on Sunday!

THANK YOU to everyone who has brought in their stickers so far. Over the next week, please bring in any stickers you still have at home, whether or not they're attached to sheets, so that we can finalise our tally. Earnshaw benefits greatly from this campaign - many resources can be purchased with our points.

From the College Principal's Desk

At this stage of the term, all students are actively involved in their final assessment for the semester. Block Exams start for senior students next Tuesday the 11th of June.

Assignments and exams can be stressful for all members of the family, so I have included below some tips for coping with exams and stress management. I encourage all students to continue working towards their goals and believe that if they apply themselves, they can be successful.

Exam Preparation

Two Weeks before the Exam:

Make up a set of study sheets for each class. Each set of study sheets should summarise the reading, your class notes, and any handouts. Type the study sheets so they are easily readable.

- For the next two weeks, read through your study sheets three times each day. Do not try hard to memorise the information. Just read the notes once, three times per day.

The Night before the Exam:

- Read your study sheets as usual. Go to bed early and get a good night's sleep.
The Day of the Exam:

- Set your alarm and get up early. Allow plenty of time to get to the exam.
- Eat a good breakfast, including simple sugars (fruit juice), complex carbohydrates (cereal or toast), and protein (milk, eggs, meat, cheese). This will help your blood sugar stay at a stable level, and since your brain runs on sugar, you don't want to have an empty tank.

During the Exam:

- If you feel tense, relax, take a deep breath, and remember that you know the material because you've been reviewing for two weeks.
- Keep your eye on the clock while taking the exam. Allow enough time to finish the entire test. Avoid focusing on one question and running out of time on others.
- Read the entire exam before beginning to write. Know your enemy, in other words.
- Be sure your name is on the test. (This sounds silly, but sometimes if we feel tense or pressured, we forget the little things.)
- Read each question a second time, then answer that question.
- Go on to the next question. Remember to look at the clock and keep moving through the test.
- Use the entire exam period rather than rushing through the test.

Tips for Stress Management

**Be Resilient:** It is easier to deal with life if you can adapt to any situation.

**Be Tough:** You have to be able to look after yourself. Where possible, it is important to keep other people's actions from affecting you.

**Keep Laughing:** A good way to keep a positive outlook is to hold on to your sense of humour. Don't take things too seriously and you'll be able to keep things in perspective.

**Use the 5 Year Rule:** Ask yourself, “5 years from now, how important will this problem be?” In most cases, the answer will be “Not very important”. The 5 year rule can help from blowing the situation out of proportion.

**Exercise:** It can be a key, central method to compensate for stressors. Physical exercise not only promotes overall fitness, but it helps you to manage emotional stress and tension as well. Exercise can also aid in relaxation and improve sleep. For one thing, exercise can emotionally remove one temporarily from a stressful environment or situation. Being fit and healthy also increases your ability to deal with stress as it arises.

**Talk to Someone:** Don't be afraid to ask for help. Go to someone you trust and talk about how you are feeling. Sometimes just talking about a problem can help you see it in a different light.

*Katrina Larsen*

College Principal
From the Deputy Principal

Brisbane Career Expo

On Friday 24 May, 52 year 10 students attended the Brisbane Career Expo held at the Convention Centre. This excursion allowed students to explore potential career and further educational opportunities and aligned with their Work Education Course. There were over 100 exhibitors from universities, TAFEs, private training providers, and industry bodies. I know many students enjoyed collecting the free promotional materials handed out by the exhibitors, from water bottles to pens!

Darelle and Veinard with their collection of goodies!

Cadet Leadership Conference

On Tuesday 28 May, the middle school cadet leaders attended their leadership conference - Altitude Day - presented by YLead. The day was very inspirational for the students, with many guest speakers, all who at a young age decided to make a change to make the world we live a better place.

Guest speakers included:

- Daniel Flynn, Founder of Thankyou Water
- Nicole Gibson Founder of Rogue and Rouge
- Rowie McEvoy Founder of Max Fitness College.
I know all the leaders had a wonderful day and left feeling empowered.

Sally Dexter
Deputy Principal

Anti-Graffiti Presentation

On Thursday 30 May, Xavier from The Brisbane City Council came to talk to the year 6-9 students about graffiti and respecting our community. He told us funny stories about people who have chosen the wrong thing to do and taught us The No Game because saying yes is not always the right thing to do. We learnt a lot of great strategies like standing up for ourselves and others. At the end of the presentation we were asked to fill out a form on what we had learned and everyone that attended received a sticker and plenty of information. We were also having fun, while learning this information.
While most of our year 10 students were scouring the Careers Expo at the Convention Centre, two of our students received personal career information on what it is like to be an engineer. Wade and Alex took part in the Discover SKM day in South Brisbane. The day is organised through our Beacon program and offers students a chance to meet and listen to engineers talk about how they got be where they are now. As well as listening to the engineers telling their journey from school to University to work, they got to build bridges and towers as a practical activity. Whilst the material might have been plastic straws and paddle pop sticks, the competition to build the biggest and strongest was fierce. The feedback from the boys was very positive and their aspirations for an engineering career have been reinforced. I would like to thank our Beacon partners for organising the day and a special thanks to the employees from SKM for taking the time out of their busy day to talk to our students.
Richard Tweney
Head of Senior School

Prep to Year 9 Disco
Junior Jottings

Prep Enrolments – 2014

Earnshaw State College is accepting enrolments of children who were born between 1st July 2008 and 30th June 2009 to begin Prep in 2014. A copy of a birth certificate is required to be sighted and photocopied prior to enrolment. If you do not have a birth certificate, you need to obtain one by making an application at the Registry of Births, Deaths and Marriages.

Parents wishing to enrol their child in Prep 2014 at Earnshaw State College are encouraged to contact the college on 3621 7440 to collect the enrolment package and to book an enrolment interview with the Head of School. Alternatively the enrolment form can be downloaded from our website at www.earnshawsc.eq.edu.au.

We will be holding a Prep Information Evening during Term 3 and a series of Pre-Prep Transition Days during Term 4. All school families that have registered their student’s enrolment for Prep 2014 will receive an invitation.

I encourage you to spread the word to any future school families and encourage them to visit the school or phone 3621 7440 to register their student’s enrolment details.

If you have any queries, please don’t hesitate to contact me via the Junior School Office on 3621 7440 or email hjs@earnshawsc.eq.edu.au. I am available by appointment and/or email to discuss a matter relating to the Junior School operations and/or your student’s education.
Warm regards

**Brendan Forbes**  
*Head of Junior School*

---

**Reading Eggs**

**Why Is Reading Important?**

1. Reading is fundamental to function in today's society.
2. Reading is a vital skill in finding a good job.
3. Reading is important because it *develops the mind*.
4. Reading is important because it is how we *discover new things*.
5. *Reading develops the imagination*.
6. Reading develops the creative side of people.
7. Reading is fundamental in developing a good self-image.
8. *Reading is important* because words - spoken and written - are the building blocks of life.

Research has shown that the amount of free reading done outside of school has consistently been found to relate to growth in vocabulary, reading comprehension, verbal fluency, and general information. Students who read independently become better readers, score higher on achievement tests in all subject areas, and have greater content knowledge than those who do not (Krashen 1993; Cunningham and Stanovich 1991; Stanovich and Cunningham 1993).

Our Home Reading Program is already proving to be very successful in motivating our students to read. Our aim: to work together with families to promote a LOVE OF READING.

As a support to Home Reading, we purchase an annual subscription to Reading Eggs and Reading Eggs Express. All students Prep to Year 5 have access to Reading Eggs – at home and at school.
For further information:
http://www.tooter4kids.com/classroom/why_read_for_20_minutes_every_da.htm

Kind regards

*Kath McCann*
HOD Teaching and Learning

---

**Earnshaw State College NAIDOC Week**

NAIDOC stands for the National Aborigines and Islanders Day Observance Committee.

NAIDOC is a celebration of Aboriginal and Torres Strait Islander cultures and an opportunity to recognise the contributions of Indigenous Australians in various fields.

Activities take place across the nation during NAIDOC Week in the first full week of July. As this falls in the school holidays, Earnshaw State College will be celebrating during the first week of Term 3: 8-12 July.

The theme for NAIDOC Week 2013 is We value the vision: Yirrkala Bark Petitions 1963.

This year’s theme proudly celebrates the 50th anniversary of the presentation of the Yirrkala Bark Petitions to the Federal Parliament.

In August 1963, the Yolngu people of Yirrkala in northeast Arnhem Land sent two bark petitions – framed by traditional ochre paintings of clan designs – to the Australian House of Representatives. The petitions sought the recognition by the Australian Parliament of the Yolngu peoples’ traditional rights and ownership of their lands.

The petitions were the first traditional documents recognised by the Commonwealth Parliament and helped to shape the nation’s acknowledgment of Aboriginal people and their land rights. Today, we look to a future that better understands and celebrates the unique connection that Aboriginals and Torres Strait Islander’s share to country, as we continue to build an Australia that reflects the achievements and furthers the aspirations of our people.

**Art Competition**

Earnshaw State College Closing the Gap Committee is holding an Art Competition as part of our NAIDOC Week celebrations. The theme will be:
“Connection to country: we love the land”.

All students P-12 are invited to participate.

1. Artwork: no larger than A3 size
2. Theme: “Connection to country: we love the land”
3. Media: select from painting, drawing, collage, mixed media
4. Entry: bring to the Junior School Office by Thursday June 20 2013

Please collect an entry form from either office.

Kath McCann  
on behalf of the CTG Committee

Homestay Families - Apply by Monday!

Earnshaw State College is hoping to once again host Showa High School (Japan) through Education Queensland’s International Study Tour Programs in July this year. Last year, Showa High School spent 11 days with our students with many friendships developed and our students travelled to Japan in September holidays.

We are still in need of families who would be open to accommodating visiting students during their 10 night visit from 21st to 31st July 2013. Homestay families are very important to the success of such study visits as it allows visiting students the best opportunity to practice their English conversation skills in everyday life, while ensuring safe accommodation and a caring home environment. If you would like to be added to the homestay family list, please email admin@earnshawsc.eq.edu.au and we will reply with the information that you need. Applications need to be back at school by this Monday 10th June.

Responsibilities for host families include:

- Providing three meals a day as well as snacks (or suitable amount of money)
- Providing transfers to/from school (this can include public transport if travelling with another host student)
- Providing a bed, preferably in a separate sleeping area or sharing a room with another child of the same gender

Homestay families do receive payment for hosting overseas students. The process for becoming a homestay family does involve several steps as listed below. If you are interested in becoming a homestay family, please ring the office on 36217333 to receive the required application.

Host family process:

1. Register your interest by ringing the office on 36217333.
2. Complete forms ‘A’ and ‘B’ as well as blue card application and return to Earnshaw State College Main Office
3. Home Inspections completed by Accredited Officers (Sally Dexter, Richard Tweney and/or Mari linuma)
4. Pre-arrival information evening

Being a host family also provides your family with a wonderful opportunity to forge new friendships and learn about the culture of another country.

*Sally Dexter*
Deputy Principal

---

Chaplaincy Newsletter

Welcome to the first edition of our “Chappy’s Chat” featuring news from our college chaplains.

We are fortunate to have two chaplains at Earnshaw State College: Kym Austin who works Tuesday – Thursday and Gideon Blazey who works Thursday and Friday.

**Spin-Off**

On May 18, students from Year 10 participated in “Spin-Off” at Sleeman Sports Complex. Spin Off is an exciting stationary bike challenge where teams compete against each other to ride the furthest and raise the most money.

Teams ‘push the pedals to the max’ over a 30 minute period. The overall aim is to be the team who pedals the most kilometres. The event aims to raise the profile of school chaplaincy and provide an effective fundraising event for South East Queensland state schools and their communities to support their local school chaplain.

Corey, Riley, Wade, Jake, Anei, Eli and Jesse proved invincible on the day, winning the Junior category.

Thank you to all students for their fundraising efforts towards chaplaincy.

Chaplaincy Breakfast
On May 23 2013, Kym and Gideon attended a special breakfast at Parliament House in recognition of Chappy’s Week. They were invited by Jason Woodforth Nudgee MP and were hosted by speaker Fiona Simpson.

Chaplains received a vote of thanks from Education, Training and Employment Minister John-Paul Langbroek and also heard from SU QLD CEO Peter James about the work school chaplains have been doing in Bundaberg following the floods from earlier this year.

**Kym and Gideon**

Still Available

---

2012 Yearbooks
2012 Yearbook Available

64 full colour pages
- Class and group photos
- Award winners
- Class and activity reports
- Student work
- Photos, photos, photos

Limited copies still available

$12.00

Printed locally
Great value!

Earnshaw Community Market
Closing the Gap Aboriginal Committee

Meetings will be held in the Staff Common Room at 9:00am on the following dates:

- 17 June
- 15 July
- 12 August
- 9 September
- 14 October
- 11 November
- 9 December

You can e-mail me at colleensam@aanet.com.au with your feedback if you are unable to attend meetings.

Colleen Paton
Coordinator
Food and Nutrition Workshop

FOOD AND NUTRITION EVENT

Hosted by: Jason Woodforth MP
Member for Nudgee

Presented by: Samantha Bachman

When: 6.30pm – 8.30pm
Wednesday 19 June 2013

Where: Kedron Wavell Services Club
375 Hamilton Road
CHERMSIDE QLD 4032

Cost: $20
Please note: The P&C will benefit 100% from all tickets sold at your school

With childhood behavioural disorders running rampant throughout society today, come and learn ways to change your child’s life

- Learn how to make simple changes in your child’s diet to change their behaviour
- Learn what the food we are currently eating is really doing to us
- Learn fun alternatives to your child’s favourite foods
- Find simple solutions to reverse many childhood allergies and disorders such as ADD, ADHD and many more.

How to secure your seat:
Limited tickets are available for purchase from your school office

Munch Monitor ~ Order Tuckshop Online!
Year Seven Enterprise Education Exhibition

On Monday 17th June, from 2pm to 3pm, the Year Seven students are holding their Enterprise Education Exhibition. This event will be held in the Year Seven classrooms, in F Block. On display will be student work.
completed in our Enterprise Subjects: Art, Industrial Technology and Design and Home Economics. There will be information bags, interactive activities and some yummy food.

We hope you can make it!

From Naoki 7C, for Enterprise Education

Under 8's Day Year 1 Reports

Under 8s Day by Jake D

It was cold and I made a biscuit. It was blowy. I went in the ambulance. I went in the playground too. It was very fun.

Under 8s Day by Harrison

Under 8s Day was fun because it had face paintings and it had lots of things to do! The ambulance came and my brother came and my mum came and my dad came too.

Under 8s Day by Ella

Under 8s Day was really, really fun! I made a necklace and bracelet. We went to the preps. There was lots of stuff to do! I had fun because there was face paint too.

Bookshop News - Stationery, Bookpacks and Secondhand Uniforms!

The Bookshop has most of your school stationery needs, and is located under D Block.

Phone: 36217326

Opening Hours

The Bookshop is open on Tuesday, Wednesday and Thursday mornings from 8:30 to 9:30am.

Secondhand Uniforms
Secondhand uniforms are now sold on consignment from the Bookshop. If you have uniforms for sale, please bring them to the bookshop, carefully laundered and with a reasonable price attached (as a guide, what would you pay for that item?). We will add a small mark-up. A cheque will be posted to you at the end of each term for the cost of items sold.

*Nancy Thompson*
*Volunteer Convenor*

---

**Latest Interschool Sport Results**

**Junior Rugby League**

Defeated Bracken Ridge 28 to 4 and defeated Aspley East 32 to 12.

**Senior Rugby League**

Defeated Norris Road 12-5 (Jason 6, Kava 3, Chris, Codie, Richie)
Defeated Bracken Ridge 10-4 (Jason 3, Richie 2, Kava, Ben, Codie, Souejki, Doulton)

**Netball**

Earnshaw Snr A defeated by Boondall 1-2
Earnshaw Jnr A defeated Boondall 1 – 0
Earnshaw Snr A defeated Geebung 7 – 0
Earnshaw Jnr A defeated Geebung 14 – 1
Nipper 1 defeated Norris Rd 1, 7 – 1
Nipper 2 defeated Norris Road 1, 3 – 0
Nipper 1 def Norris Rd 2, 9 – 0
Nipper 2 def Norris Rd 2, 5 - 1

---

**Instrumental and Classroom Music News**

**Honours Music Camp**

Congratulations to David (trombone) and Samara (clarinet) who will be attending the Northside Area Primary School Honours Instrumental Music Camp next week. They underwent a difficult video audition process where they were required to learn scales from memory, perform a set piece of music and then complete some sight reading (unseen music). After being judged by an audition panel, and compared against primary musicians across all of the North Brisbane area, they were successful in being selected to participate in this prestigious...
event. What an achievement! At the camp they will participate in concert band, choir, large ensemble rehearsals and small group tutorials with specialist tutors. We wish them all the very best at this musical event.

St Oswalds Fete

Members of the Junior Choir, Senior Vocal Ensemble and Instrumental Music Program performed at the annual St Oswalds Fete last Saturday. They performed a variety of pieces and entertained the encouraging crowd. It was a great opportunity for the college to support our local community events and to showcase what out college has to offer in the wonderful world of music. Well done to the students who performed, and to Mrs Drogemuller Bycroft and Mrs Schick.
Senior Choir

Junior Choir

Instrumentalists

Benefits of Music Education
A. Music education prepares students to learn

1. Enhances fine motor skills
2. Prepares the brain for achievement
3. Fosters superior working memory
4. Cultivates better thinking skills

B. Music education facilitates student academic achievement

1. Improves recall and retention of verbal information
2. Advances math achievement
3. Boosts reading and English language arts skills

C. Music education develops the creative capacities for lifelong success

1. Sharpens student attentiveness
2. Strengthens perseverance
3. Equips students to be creative
4. Supports better study habits and self-esteem

Dates for 2013 Earnshaw Edge

The Earnshaw Edge is usually published on the first and third Thursdays of each month. However, these times will vary, according to how they fit into the school term. Please check the schedule below, which outlines the intended Earnshaw Edge dates for the remainder of the year.

<table>
<thead>
<tr>
<th>Term</th>
<th>Publishing date (Thursday)</th>
<th>Article due date (Monday)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>26 April</td>
<td>22 April</td>
</tr>
<tr>
<td></td>
<td>9 May</td>
<td>6 May</td>
</tr>
<tr>
<td></td>
<td>23 May</td>
<td>20 May</td>
</tr>
<tr>
<td></td>
<td>6 June</td>
<td>3 June</td>
</tr>
<tr>
<td></td>
<td>20 June</td>
<td>17 June</td>
</tr>
<tr>
<td>3</td>
<td>18 July</td>
<td>15 July</td>
</tr>
<tr>
<td></td>
<td>1 August</td>
<td>29 July</td>
</tr>
<tr>
<td></td>
<td>15 August</td>
<td>12 August</td>
</tr>
<tr>
<td></td>
<td>29 August</td>
<td>26 August</td>
</tr>
<tr>
<td></td>
<td>12 September</td>
<td>9 September</td>
</tr>
<tr>
<td>4</td>
<td>17 October</td>
<td>14 October</td>
</tr>
<tr>
<td></td>
<td>31 October</td>
<td>28 October</td>
</tr>
<tr>
<td></td>
<td>14 November</td>
<td>11 November</td>
</tr>
<tr>
<td></td>
<td>5 December</td>
<td>2 December</td>
</tr>
</tbody>
</table>